A 9-month, calendar-based set of supports to engage and keep you engaged in Science Olympiad at home, at school and afterschool.

Each themed month will contain free resources like Lesson Plans for popular Science Olympiad events you can use at home or at school; Science Olympiad STEM Sessions, webinars and interviews with leading experts in the field about careers and workforce; and the option to participate in STEM Showdowns, national-level, online Science Olympiad tests you'll take in real time to gauge your knowledge against your peers, complete with prizes and a national monthly leaderboard. MY SO can be used as a standalone or to support any regular Science Olympiad season.

For more information about MY SO, please visit www.soinc.org/myso

*The November and December dates of the STEM Showdowns have been adjusted to avoid holidays.